



Wednesday
September 21, 2022

Heritage Woods Secondary

"WE ARE KODIAKS"



TERRY FOX SCHOOL RUN - ALTERED BELL SCHEDULE
Wednesday, September 21, 2022


Block 1	8:00 – 9:12
Block 2	9:16 – 10:12
Block 3	10:16 – 11:12
Video & Run	11:12 transition to Lunch
LUNCH	12:15 – 12:55
Block 4	12:59 – 1:55
Flex:	1:55 – 2:25
Block 5	2:29 – 3:25

Health and Safety

- * Stay home if you are ill
- * Wash/sanitize your hands regularly
- * Respect others' physical space

GRAD COUNCIL

Any Grade 12 interested in sitting on the Grad council should email Ms. Payne (jpayne@sd43.bc.ca) with a brief introduction to themselves



Ms. Wood's CLC 12 FIRST MEETING
Monday September 26th during FLEX (10:30 start)
Room 202 (Textiles)

SENIOR SAIL

Our grad Senior Sail is on September 29th, 2019 (4:45-10:30pm)
for all the grads of 2023!

**SENIOR SAIL TICKET SALES HAVE BEEN EXTENDED BY ONE DAY DUE TO THE HOLIDAY.
CURRENTLY WE DO NOT HAVE ENOUGH PEOPLE COMING.....TICKETS AT SCHOOL
CASH ONLINE OR THROUGH THE OFFICE.**

Tickets are \$75, which includes:

- your transportation both ways
- Food and drinks
- Prizes and of course, the sail.

This event is only for HWSS grads, and no guests will be allowed. You may purchase online tickets through our website under "School Cash Online" or you may purchase at the office with a cheque made out to Heritage Woods Secondary from September 14th – 21st.

Digital Learning 10

Hey grade 9s! Please attend your scheduled **FLEX** time according to the sectioned schedule below.

	Room 300	Room 301	Library Lab	Room 315
Tues Sept 20	<i>Ms. Kim</i> XAT-10-07	<i>Ms. Kim</i> XAT-10-08	-	<i>Ms. Wilson</i> XAT-10-04
Wed Sept 21	<i>Mr. Blake</i> XAT-10-01	<i>Mr. R</i> XAT-10-02	<i>Mr. R</i> XAT-10-03	<i>Ms. Wilson</i> XAT-10-05
Thurs Sept 22	<i>Mr. Modder</i> XAT-10-09	<i>Mr. Modder</i> XAT-10-10	-	<i>Ms. Wilson</i> XAT-10-06

*Please complete the introductory form before your first tutorial
(link posted on Teams)*

Terry Fox Class Donations

At this time, we will look to concentrate our efforts around a Terry Fox School Donation Drive that will take place from September 21st to December 30th

Donations can also be done on-line at:

<http://www.terryfox.ca/HeritageWoodsSecondary>





**TRUTH AND
RECONCILIATION WEEK**

SEPTEMBER 26—SEPTEMBER 30

REMEMBERING THE CHILDREN

Want to be a part of our
spirit assembly?

We need volunteers from
each grade to sign up.

If interested, please sign up
in front of the theater
Thursday at lunch.

CLUBS



Join The Environmental Club!

- Get Involved in your community
- Participate in real change
- Good to put on a resume
- Learn about sustainability
- Gain volunteer hours
- Do gardening
- Meet new people
- Go on hikes

To join, attend the first meeting on Wednesday October 5th at lunch in room 311 OR scan this QR code and complete the survey!





Multicultural Club

- Interested in learning about different cultures?
- Interested in making new friends?
 - Would you like to develop your leadership and organizational skills?
- Do you enjoy food, drinks and snacks?

**Come
Join
Our
Club**

We can't wait to see you!

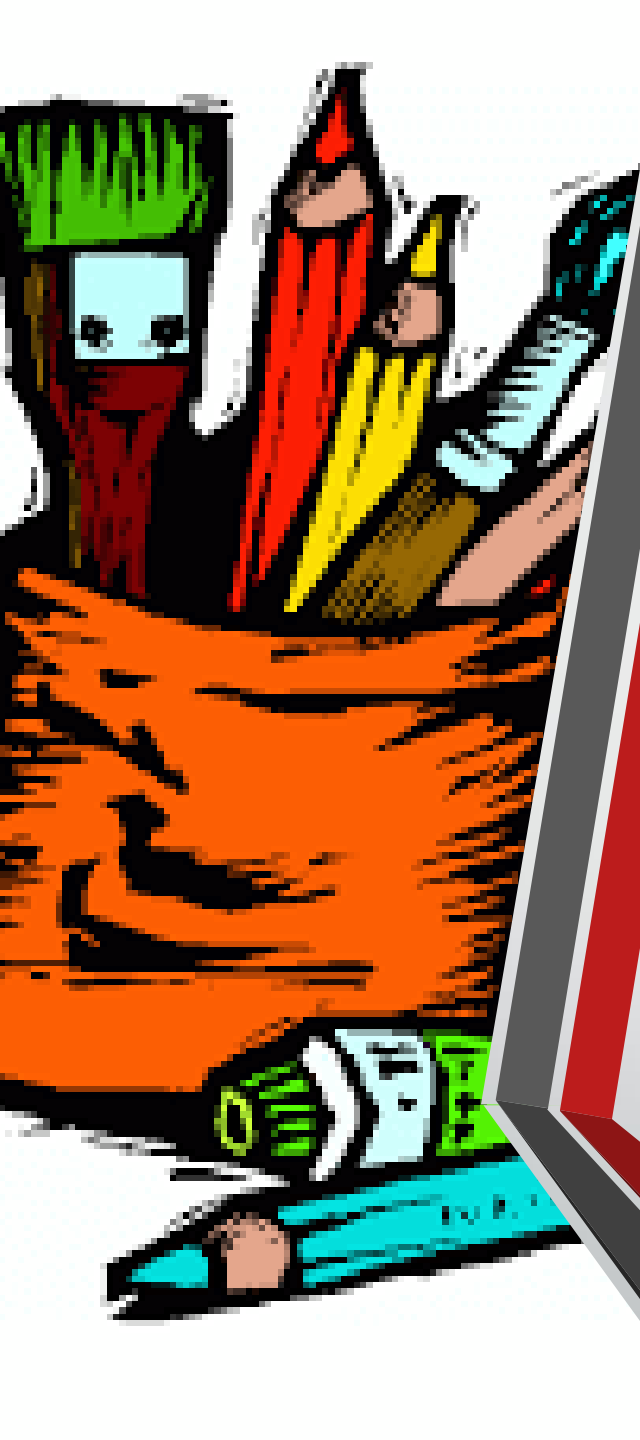
First meeting of this year:

When: **22nd September Thursday**
@LUNCH

Where: **Room 244**

Who: **Us!!!**

**We aim to provide quality time with traditional/classic games from across the world, movie nights, and talent shows!
A place to share your experiences and skills! We welcome people across all grades!**



Art Club Presents Fine Arts Series

“Life Figure Drawing” (15 min)

Live models. Bring sketchbooks and supplies.

All welcome!

September 21st Wed in room 214

Starts promptly at 12:25 ends 12:40 pm

Why should you use digital tools to plan?

Planning with digital tools can help:

1. consistency
2. security
3. Accessibility
4. Notification reminders
5. Flexibility
6. Shareable

Planning can help:

1. Increases Efficiency
2. Keeps Good control
3. Helps to Achieve objectives
4. Helps in Decision Making
5. Minimize uncertainty

HWSS Tech Talks

Find more details and tips on the
@hwss.tech.talks instagram Page.

CLUBS DAY

Sept 27th
in the Grand Hall
at Lunch

- If you are interested in joining a club, you will have the opportunity to sign up at lunch in the Grand Hall. Clubs will have booths set up for you.
- Want to form a club? Email Ms. Rai (mrail@sd43.bc.ca) with the following:
 - Student Leader Names
 - Sponsor Teacher's Name
 - Short description indicating purpose of club, goals, etc....
 - Meeting times and location



Engage with your
community and
interests

Executive leadership
positions available



Pediatric Health Alliance

Interested in STEM, children's healthcare, and genuine community contributions? Join us as we discover new ways to help local pediatric care providers with charitable work and research awareness projects. Sign up at <https://tinyurl.com/hwssphalliance>



To keep up with updates, join us on Clubs Day and follow us on Instagram: @hwss_pha

KODIAK ATHLETICS



Sr. Boys Soccer



Last tryout is this
Wednesday Sept. 21 @
3:40pm on the turf!



HWSS Field Hockey

Mandatory meeting Thursday @ Lunch in Room 230

First Game: Thursday at Gates Park vs. Riverside!

CAREER CENTER



We are hiring Recreation Instructors!

Apply now at [Coquitlam.ca/careers](https://coquitlam.ca/careers)



We are actively looking for interested candidates who can teach the following:

- Learn to Skate Lessons
 - Power Skating
- Hockey Programming
- Ringette Programming

Shifts available for the Fall & Winter season:

- Monday/Wednesdays 4:15 – 6:30 p.m. (Learn to Skate Lessons)
 - Saturdays 2:15 – 4:30 p.m. (Learn to Skate Lessons)
- Saturdays 5 – 7:45 p.m. (Hockey Programming & Power Skating)
 - Sundays 9a.m. – 1 p.m. (Learn to Skate Lessons)
 - Mondays 6:45 – 8pm (Learn to Skate Lessons)
- Wednesdays 9:15a.m. – 12:15 p.m. (School Board lessons)

Qualifications:

- Minimum age: 16 years old by first shift
- Emergency First Aid and CPR 'C' by first shift
 - Skating experience

Starting rate of pay is \$20/hour

A promotional graphic for Coquitlam careers. It features a night view of a city with lights reflecting on water. The text "YOU COULD WORK HERE" is prominently displayed in white, with the hashtag "#coquitlamcareers" below it. To the right, it says "Apply today" and "coquitlam.ca/careers". At the bottom, there is a logo for "2022 BC's Top Employers" and the Coquitlam logo.

**YOU COULD
WORK HERE**
#coquitlamcareers

Apply today
coquitlam.ca/careers

2022
BC's Top Employers

Coquitlam

Mini Med School 2022

- High School students across BC will now have three ways to participate in Mini Med School 2022:
- **Mini Med School In-Person:** Engage with researchers and clinicians in-person at BC Children's Hospital. Participation is restricted to **BC students in grade 12**. *Mini Med School is hosted in-person at BC Children's Hospital in space shared by our healthcare teams. While we hope to welcome students back in Fall 2022, the health and safety of our hospital community is our first priority. If restrictions continue, we may need to shift to virtual learning.*
- **Mini Med School Virtually Live:** Engage with researchers and clinicians at BC Children's Hospital virtually in real-time! Participation is restricted to **BC students from grades 11-12**.
- **Mini Med School On-Demand:** Participate when it works for you. Participation is restricted to **BC students from grades 10-12**.
- To register as a Mini Med School participant, you must be a grade 10, 11 or 12 student who is currently enrolled in a BC secondary school. **Participants will also need to have a sponsor teacher to support their registration**
- All interested students are to speak to Mr. Baldus **no later than Wednesday Sept. 21 by 1 pm to express their interest.**
- Mini Med School will use a lottery system to select participants.
- <https://www.bcchr.ca/events/mini-med-school/mini-med-school-vancouver>

**MINI MED
SCHOOL 2022** 
THE DEVELOPING MIND –
CHILD & ADOLESCENT MENTAL HEALTH





Saturday, November 05, 2022

Undergrad Portfolio Day

All interested art students should register and bring your portfolios to this day.

- University Admission Officers for Canada, United States and Europe will be present.
- Free evaluation and in-person Q & A.

<https://nationalportfolioday.org/>

Wilson School of Design at KPU

5600 Kwantlen Street, Richmond, BC, V6X 3V8

11:00 am - 3:00 pm

LOST ITEMS

If found, please return to the main office.



EV Chargers

We are working on an issue with the EV Chargers behind the school that could affect your ability to charge your car at this time. In the meantime, you can still try to get a charge, but you should not rely on it for getting to and from the school.

We apologize for this interruption.

